



# CNA Internship

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# A Typical Day

- ▶ From the time I walk in, there are usually students already in there either hurt, feeling sick, or taking daily medication.
- ▶ If there is more than one student in there I'll help the nurse out as much as I can by checking for a temperature, giving ice, cough drops, or bandaging a small wound.
- ▶ Not only do I help with students, I also help the nurse out with paper work if any needs to be done.
- ▶ Within my time there the average number of students served daily in that 2 hour span was 15.

# Testing

- ▶ One of my jobs was helping students when they came into the nurses office, but I also did vision and hearing tests.
- ▶ I thought it was interesting how different nurses organized their results, or what they did when they needed to retest some students. For example to initially test, I'd either test in the hallway for one school, and in the other school I'd initially test in the nurses office.
- ▶ This also gave me insight on how well students do in these types of test and how certain factors effect their results. For example an ear infection, if they've had tubes in their ear before, or even not knowing exactly what sound they're listening for (that's why is best to play the noise outloud for students who've never done it before).

# Vision Test





# What I really learned

- ▶ Not only did I learn how to take care of kids from different ages from 5 to 14 year olds, I also learned how to interact with them in different ways!
- ▶ The children from the elementary school like to be informed of things, it's the age where they learn everything, their brains are like sponges. That's why it's important to tell them the right answer when they ask you about something, instead of making up something silly "just because they're a kid so they won't understand anyway". They also like to be praised, this keeps them motivated from a young age!
- ▶ The kids from the middle school are a little bit different. Though some still ask questions, it's more about them just talking, and it's good to listen to them. This is the age group that may feel awkward or think they don't have anyone to speak with. That's why it's nice to lend an ear and laugh with them, make them feel comfortable with themselves and the staff around them.



## Quick Facts

- ▶ Nurses have to report directly to social services if they suspect abuse of a student at home.
- ▶ Some students know how to check their own blood sugar and calculate the amount of sugar they're going to eat.
- ▶ Peppermints are a good way to calm nausea.
- ▶ Ice chips are a good way to calm a sore throat.
- ▶ A main factor in some of the upset stomach cases is lack of breakfast!
- ▶ Most school nurses worked in a hospital environment.
- ▶ Nurses document EVERYTHING, so you have to be attentive in this career!